

**COLTISHALL & HORSTEAD COMMUNITY**  
**CORONAVIRUS / COVID 19 SUPPORT GROUP**

**Important Information for everyone**

**STAY HOME : STAY SAFE : YOU ARE NOT ALONE**

**If you need help or advice please call**

**07799277455**

**If you are self isolating**

**We can organise delivery of groceries to your door**

**We can deliver prescription medicines to your door**

**Our current priority is the 'at risk' group:  
people who are 70+ or have underlying health conditions.**

**BUT** please remember if someone OF ANY AGE in your household becomes ill  
you **all** need to stay at home & let a volunteer bring provisions to you.

We are a self appointed community group led by Rev Chris Engelsen that includes the Good Neighbour Scheme, Coltishall & Horstead Parish councillors, the Community Lunch club, a few local businesses, and a discretionary GOFUNDME fund. We are recognised by & have taken guidance from Broadland District Council. Councillor Jo Coplestone has attended our meeting.